

SITOREP

SITUATION REPORT: RESULTS AND ACHIEVEMENTS

PROGRAM

TrAC *(Transition Azimuth Check)*

REPORT *TrAC (Transition Azimuth Check)**

On September 6th, seven SOF service members set off on a 10-day journey, accompanied by seven hand-picked mentors from the civilian community.

The first five days saw mentors working through the all-too-common challenges facing service members as they explore the next chapter in their lives.

Mentors lived in community with our warriors, developing authentic relationships and the trust to serve as a valuable connection both during and after transition from service.

Everyone tapped into the gorgeous beauty of Montana, exploring the power of mind-body connections and holding space for powerful conversations guiding warriors through thoughts and ideas on transition.



Discussions centered on identity, service, family, and the impacts of war on mind-body-soul. Special guest Dr. Kate Pate, a neurophysiologist whose research and studies focus on the concept of Operator Syndrome, presented an overview and insights into healing from the traumas of war.

The second five days provided each warrior with a rite of passage to serve as a proper, intentional, homecoming from combat duties. This aspect focused on ancient, ancestral processes implemented for thousands of years in indigenous tribes across the world – rituals and traditions often ignored and neglected in modern-day warfare.

For more information about TrAC, please visit our [website](#) or contact Troy Schnack at tschnack@thestationfoundation.org



TrAC's Fall session consisted of a 10-day journey divided into two parts. The first five days were spent acclimating and exploring the mind-body-soul impacts with one another. Days six through ten were spent in a rite of passage, formalizing the transition from combat to post-combat life.

** See following page for a brief TrAC backgrounder*

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TrAC (*Transition Azimuth Check*)*TrAC continued***BKGD** *What does Azimuth Check mean?*

Our military commonly uses the term *azimuth check* or *check your azimuth* to mean “verify your direction of travel while navigating”.

This requires you take out your compass and verify the current direction of travel (*azimuth*) is aligned with the correct heading needed to reach the intended destination.

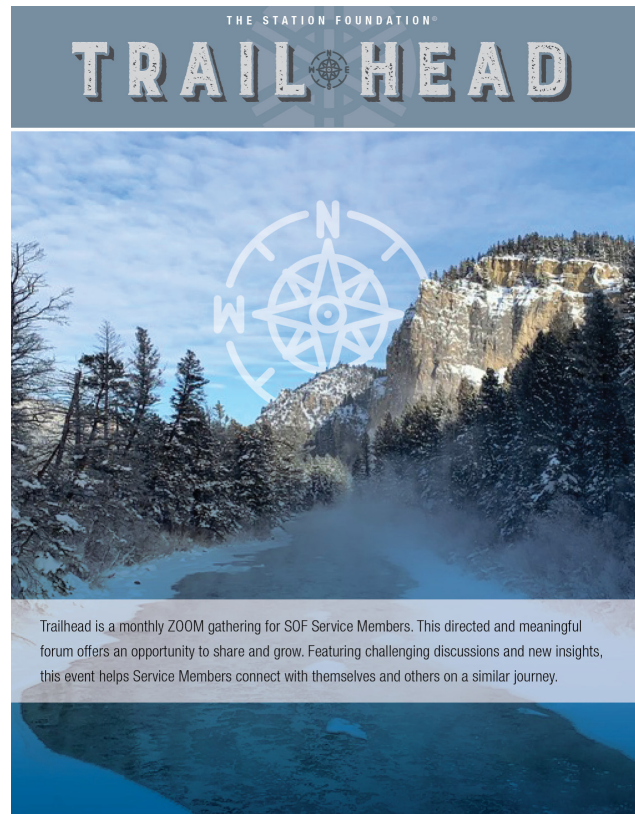
If not, then make the necessary adjustments to get back on track with the correct azimuth.

The term *azimuth check* also has a figurative meaning: “to check or reassess your goals, values, and methods”.

Transitions always require making multiple adjustments along the way while progressing toward your ultimate target or achieving your current objective.

The Station™ walks side-by-side with our warriors to build the relationships necessary for them experience a true Homecoming as they progress along their own paths.

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TrAC participants are found all across our nation. The Station instituted online programs during the pandemic, such as the ZOOM gathering for service members you see above. We utilize remote learning and preparation as well as these more informal means as we work with our warriors and families.

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