

# “Through the Fire”



**By: Lucy Dickens**

Author

“Through the Fire, Traveling The Broken Road to Hope & Healing”

**Join Lucy’s Book Lanch Party  
& Special Signing  
On February 25, 2022**

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I first learned of StreetLightUSA from Larrie Fraley, Founder and Board Member, StreelightUSA, and Lead Pastor of Global Outreach, Christ’s Church of the Valley CCV, way back at it’s inception. We toured the facility before it opened and even helped get the cottages ready with our CCV neighborhood groups. After the first few groups were there, I even came in for a while sharing art with the girls.

While I have not been trafficked, I have been sexually abused and experienced date rape as well. For many years this has been an important cause for my husband and I, to help stop trafficking and child endangerment. And to bring healing to those that have been abused.

I have walked a difficult and broken journey, traveling through the pain and trauma of some of life’s most difficult trials - persevering through sexual and verbal abuse, chronic illness and pain, a marriage torn apart, a life and death diagnosis and even terrifying natural disasters. Through my healing and faith journey, God pressed in on me for years to transparently share my story to help others find hope, healing, and restoration.

“Through the Fire, Traveling The Broken Road to Hope & Healing” was written for those who are seeking to become whole again, longing for restoration and clarity, ready to break free and find healing. Through my story, I pray you will discover hope and witness the healing power of God’s love through Jesus that I experienced exploring my own broken road and path to restoration.

I set out to write my story, isolated in the woods at my cabin, when a forest fire broke out. The fire raged closer and closer as I alternated between fire updates and my writing. Who knew this was supposed to be about the past and the here and now? God knew...he had a plan. After a terrifying night with the wind howling and shaking the windows, the smell of smoke filling the house, I was evacuated with the fire just a half mile away. The title to the book emerged; Through the Fire, Traveling the Broken Road to Hope and Healing.

If I could encourage the girls as they walk their journey from trauma to triumph, I would tell them you are not alone, there is hope and a way out. It was not your fault, you did nothing wrong. You are not dirty and worthless as I once felt. You can have your heart healed. You can be whole again You have a voice, you are stronger than you know, braver than you believe. Life can be different. I see you, I believe in you. You are loved. You can survive and overcome, but more than that, eventually thrive. In Jesus, all things are possible. Take his hand, He is waiting for you.

If I could encourage StreetLightUSA staff as they walk this journey with the girls, I would tell them to meet the girls where they are, listen well, walk alongside them, empower them. Listen for strengths and point them out. Acknowledge their courage to be there with you, in front of you. Ask what they want, ask what they see as the next steps, love on them. Remind them it was not their fault, they did nothing wrong. Ask how you can help them. They need to understand they have a choice, personal empowerment. Encourage and acknowledge this. Do not judge or assume. Have a wholistic approach and do not miss the faith component.

**For me, meeting Jesus and walking with Him began to change everything.**

**Join Lucy's  
Book Lanch Party  
& Special Signing**

**Friday; February 25, 2022  
5:30PM – 8:30PM  
New City Church  
1300 N Central Ave  
Phoenix, AZ**

**Lucy will speak at 6PM**

**All book sale proceeds for this  
night will benefit StreetLightUSA.**

“Through the Fire: Traveling the Broken Road to Hope and Healing” ([published by WestBow Press](#)) and available through [Amazon](#) is Dickens’ life journey overcoming early abuse and a shattered marriage to finding hope, redemptive healing and a lovingly restored relationship. Through this book, readers will find a variety of life experiences and trials, each that taught her something new about the heart and character of God. One after the other, they were woven together, teaching, and guiding her. Through all these mountaintops and valleys, Dickens found hope, healing, and wholeness and became who she is today.